## **RA33 Antibodies**

## New data on a (not really new) marker linked to CCP-negative RA with a mild prognosis

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## Disclosure

- Collaboration with PhaDia (Thermo Fisher)
  - Development of an assay for determination of autoantibodies to hnRNP-A2 (RA33).
  - PhaDia did not and does not pay any consultant fees or honoraria to Dr Guenter Steiner or to Dr Josef Smolen.
  - PhaDia partially covered travel expenses of Dr Steiner for the ACR Meeting 2010 and travel expenses related to Dr Steiner's activities in the Austrian EASI group.

## **RA Diagnostics 2011** *Questions & Challenges*

- The "seronegative" patient Is there more than RF & ACPA?
- Prognostic markers

Disease activity Disease outcome Response to therapy

#### Pre-disease diagnostics

Identificaton of healthy persons at risk for developing RA Treatment immediately at (or even before?) disease onset

## **RF and ACPA**

Reliable and highly apreciated markers for RA

Antibody	Sensitivity established RA	Sensitivity early RA	Specificity
RF	70-80%	45-55%	70-96%
ACPA	70-80%	45-55%	92-99%

#### Nobody is perfect!

Problem 1: Prevalence of RF and ACPA in early disease Problem 2: Overlap RF-ACPA

Problem 3: Moderate specificity of low titer RF

#### ACPA and RF in very early arthritis

Nell et al, Ann Rheum Dis 2005

Disease duration <3 months 200 patients included Final diagnosis: 102 RA, 98 non-RA

	RA	Non-RA	PPV
	%	%	%
<b>RF</b> (<50 U/ml)	10	7	59
<b>RF50</b> ( <u>&gt;</u> 50 U/ml)	45	4	92
ACPA (CCP)	41	2	96

#### **RF50 and/or ACPA in 58% of patients**

#### Autoantibodies in very early RA RF, ACPA, anti-RA33

Nell et al, Ann Rheum Dis 2005

	Sensitivity %	Specificity %	PPV %
<b>RF50</b> (>50 U/ml)	45	96	92
ACPA (CCP2)	41	98	96
Anti-RA33 (hnRNP-A2)	28	90	74

#### **RF50 and/or ACPA and/or anti-RA33 in 70% of patients**

#### Prognostic value of autoantibodies for erosive disease

	Erosive n=36	Non-erosive n=30	P (Pearson Chi Square)	PPV %
RF50	21	6	p=0.002	78%
ACPA	22	3	p<0.001	88%
Anti-RA33 Anti-RA33 only	11 2	7 9	p=n.s. p<0.05	61% 18%

#### **RF, ACPA & anti-hnRNP-A2 in early RA**

Nell et al, Ann Rheum Dis 2005



### **EliA<sup>™</sup> for quantification of anti-RA33**



#### EliA<sup>TM</sup> for quantification of anti-RA33 serum bank data

Diagnosis	n	positive	percentage
RA (early)	80	16	20%
RA (late)	85	11	13%
SLE	20	3	15%
Other CTDs	37	0	0%
Reactive arthritis	20	0	0%
Psoriatic arthritis	20	0	0%
Osteoarthritis	30	1*(C	CP+) 3%
Healthy subjects	100	3	3%
Sensitivity			20%
Specificity			97%

#### The SAVE Trial Stop Arthritis Very Early Machold et al., ARD 2010:69:495-502

#### **Multicenter study**

involving 383 patients with early arthritis from 25 centers

#### **Inclusion criteria**

Arthritis of ≥1 joint Disease duration of ≤16 weeks

#### Intervention

120 mg Methlprednisolone i.m. at day 0 or placebo=saline (in addition to NSAID/coxib)

#### Primary target/outcome: Remission

Defined as:

• no swollen joints and  $\leq 2$  tender joints

and 2 out of the 3 following:

- CRP within the normal range
- patient global assessment of disease activity of < 1 cm on a 10 cm visual analogue scale
- pain < 1 cm on a 10 cm visual analogue scale

At 3 and 12 months from baseline without DMARD therapy

#### Observation over 52 weeks (2, 12, 52 week-visits)

## **Diagnoses after 12 months**

Diagnosis	n
Rheumatoid arthritis	132
Undifferented arthritis	62
Reactive arthritis	21
Osteoarthritis	17
Other arthritides	23
SLE & CTD	9
Remission	27
No diagnosis	34
Total	325

#### Antibodies at baseline

Diagnosis	0	RF	ССР	RA33
RA	132	72	72	20
UDA	62	3	3	6
REA	21	1	0	0
OA	17	0	0	0
Other arthritides	21	2	0	1
SLE & CTD	9	2	1	2
Remission	27	2	1	1
No diagnosis	34	5	2	1
Sensitivity		55%	55%	15%
Specificity		92%	96%	91%

## Summary & Preliminary Conclusions

- The RA33 EliA prototype allows to measure levels of anti-RA33 antibodies in a highly reproducible manner.
- Anti-RA33 antibodies are present in 15-20% of patients with early onset RA and also in approximately 10% of patients with a 1 year diagnosis of UDA.
- Anti-RA33 is the only antibody in approximately 10% of early RA patients.
- Anti-RA33 may be a marker for a subset of polyarthritis (RA) patients with mild disease and a favourable prognosis showing a good response to NSAID or DMARD treatment.

#### The RA33 syndrome - does it exist?

## Autoantibodies in Early Arthritis Contributors

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AutoCure - curing autoimmune rheumatic diseases www.autocure.org

The EU Masterswitch project